

# 17th Annual Mental Health Symposium

## WEDNESDAY, MAY 19 (2.0 CEUs)

12:00 am -12:15 pm Registration info/Welcome

12:15 pm - 1 :00 pm **Ed Mahoney, M.Th., D. Min., LPP**

### Caregivers Grief: Finding Balance



1:00 pm - 2:00 pm **Katherine Shear, MD**

### Grief & Adaptation to Loss During COVID

2:00 pm - 2:30 pm Q & A with Dr. Shear

## FRIDAY, MAY 21 (2.0 CEUs)

9:00 am - 9:30 am Registration info/welcome

9:30 am - 10:30 am **Cassie Yackley, Psy.D.**



### Supporting Post-Traumatic Growth in the Face of Grief and Loss

10:30 am -11:00 am Q & A with Dr. Yackley

11:00 am—11:30 am Wrap up with Bill Rider, CEO of MHCGM

PARTICIPANTS MAY REGISTER FOR BOTH PROGRAM DAYS OR JUST ONE. REGISTRATION FEES FOR THE TRAININGS ARE LISTED BELOW.

**TARGET AUDIENCE:** Mental Health Counselors, Social Workers, NAMI Members, Case Managers, Psychiatrists, Psychologists, Physicians, APRNs and Nurses, Public Health and Wellness Providers, Educators., Private sector.

**Planning Committee:** Daniel Potenza, MD; William Rider, BA; Patricia Carty, MS; Rik Cornell, LICSW; Charlene Kach, Sandra Seney, MBA; Gregory Paninski, M.Ed.; Susel Jerez, BA, Elaina Pousland, MS, Brionna Blodgett, BS

~ Please use one registration form per attendee ~

**Registration Fees: \$150.00 per person for both days. \$100 for Wed. May 19th only. \$ 60 for Friday, May 21 only.**

Name and Credentials: \_\_\_\_\_

Organization: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Phone: \_\_\_\_\_ E-mail (required): \_\_\_\_\_

Registration fee in the amount of \$ \_\_\_\_\_

**Make checks payable to: MHCGM**

Circle one:



Credit Card #: \_\_\_\_\_ CVV code: \_\_\_\_\_ Expiration Date: \_\_\_\_\_

Name on Card: \_\_\_\_\_ Signature: \_\_\_\_\_

Please mail completed **Registration Form** to: **Peter Costa, MHCGM, 2 Wall Street , 2nd fl., Manchester, NH 03101**



Contact Info: **603.854.8384; [training@mhcgm.org](mailto:training@mhcgm.org)**

**Register Online: [www.mhcgm.org/events/](https://www.mhcgm.org/events/)**

## PRESENTERS:

**Ed Mahoney** is a New Hampshire licensed Pastoral Psychotherapist and a Clinical Fellow. He currently practices at Bedford Counseling Associates in Manchester, NH where he specializes in couple therapy and bereavement counseling.

**Dr. M. Katherine Shear** is the Marion E. Kenworthy Professor of Psychiatry and the founding Director of the Center for Complicated Grief at Columbia School of Social Work. She has developed a targeted psychotherapy, Complicated Grief Treatment, for people unable to move forward after a loss, which has proved to be efficacious in three NIMH-funded randomized controlled trials. She is the founding director of the Center for Complicated Grief, the only such center within a school of social work.

**Dr. Cassie Yackley** is a master trainer and trauma-responsive practice content expert . She has extensive experience consulting with agencies to develop system-wide cultural shifts and to implement organizational change toward trauma-responsive policies and practices has become a state leader and well-known expert in building trauma responsive communities of care.

## GOALS AND OBJECTIVES:

1. Describe forms of grief, mourning associated with the global pandemic
2. Examine the difference between sympathy and empathy
3. Learn strategies for managing grief and loss
4. Discuss how to talk to adults and children about death
5. Assess our approach to handling grief and loss (and/or trauma) with ourselves, our clients, and our friends and family members
6. How to establish rituals and routines in our settings to accommodate loss

## CONTINUING EDUCATION CREDITS:

Category A Continuing Education hours for licensure have been granted through NASW NH for all three presentations.

**\*Please note: Online registration is preferable. The Credit card registration address must match billing address; <https://www.mhcgm.org/events/>**



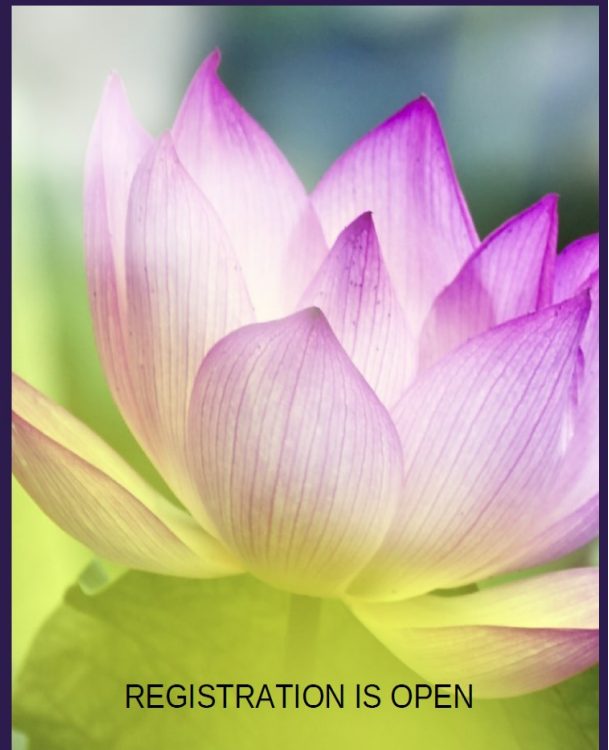
The Mental Health Center  
of Greater Manchester

401 Cypress Street  
Manchester, NH 03103

The Mental Health Center of Greater Manchester (MHCGM) is a registered 501(c)3 organization that serves over 11,000 individuals each year and is the largest provider of outpatient behavioral health services in New Hampshire. MHCGM is nationally recognized for its treatment programs and leading edge system of care.

17TH ANNUAL MENTAL HEALTH  
SYMPOSIUM - VIRTUAL SESSIONS

**PROMOTING  
MENTAL  
WELLNESS IN  
TRYING TIMES**



REGISTRATION IS OPEN

<https://www.mhcgmm.org/wellness-education/upcoming-trainings/>