

Reduce
easy
access

Why?

How?

Skill Enrichment Series

“CALM” Training

Counseling on Access to Lethal Means

Instructor: *Harry Cunningham, LICSW and Mark Bodwell, LCMHC*

Date: March 19th, 2020

Time: 9:00 a.m. – 12:30 pm

Location: 5 Blodget Street
Manchester, NH 03104

Cost:

- \$75.00
- Please make checks payable to: **MHCGM**

Registration: **Class size is limited**, so please complete and submit the attached registration form **as soon as possible**. Thank you!

Description: Suicide is the second leading cause of death for young people ages 15 to 24 in New Hampshire and the tenth cause of death for those of all ages. We know that many attempters are as ambivalent about suicide as they are about life. One piece of that puzzle that has proven to be effective is to reduce access to lethal means – particularly firearms and medications. This workshop addresses why and how to do this. The workshop includes: PowerPoint presentations regarding why CALM is important, a model videotaped counseling session, plus time for discussion and role plays. CALM is recognized on the SPRC/AFSP Best Practice Registry, Section III.

Objectives:

1. Describe the association between access to lethal means and suicide and the contribution reducing access has for preventing suicide.
2. Develop skills to explain to a family that they or a family member is at risk for suicide and why you have made this determination
3. Show skills to assure people that they can reduce the risk by reducing access to lethal means.
4. Develop ways to discuss specific steps that they can take to remove or at least reduce access to firearms, medications and other lethal means.

Contact Hours:

- The Mental Health Center of Greater Manchester is an approved provider of continuing nursing education by the Northeast MultiState Division, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.
The participant will be awarded **3.0** contact hours for attending this program.
- **3.0** Category I Continuing Education Credits for relicensure by the NH-NASW, Workshop # **3191**

Sponsor: The Mental Health Center of Greater Manchester, Manchester, NH

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REGISTRATION FORM

- Cost: ▪ \$75.00
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Checks or electronic transfer payments must be sent with a completed registration form for each participant to:

MHCGM
ATTN: Charlene Kach, Continuing Education
2 Wall Street
Manchester, NH 03101
Tel: 603-854-8384
E-MAIL: kachchar@mhcgcm.org

Name: _____ Credentials: _____ Degree: _____

Company (if applicable): _____

Address: _____

City: _____ State _____ Zip Code: _____

Phone: (____) _____ E-mail: _____

(Required for confirmation & directions)

Registration fee in the amount of \$ _____ Master Card Visa Discover

Credit Card #: _____ Expiration Date: _____ CVV code on back _____

Name on Card: _____ Signature: _____

Billing Address of Credit Card: _____

If using your personal credit card please provide the credit card billing address

Date Received by MHC-GM: _____

Reservation #: 5572

To register and pay online by credit card: <https://www.mhcgcm.org/events/>